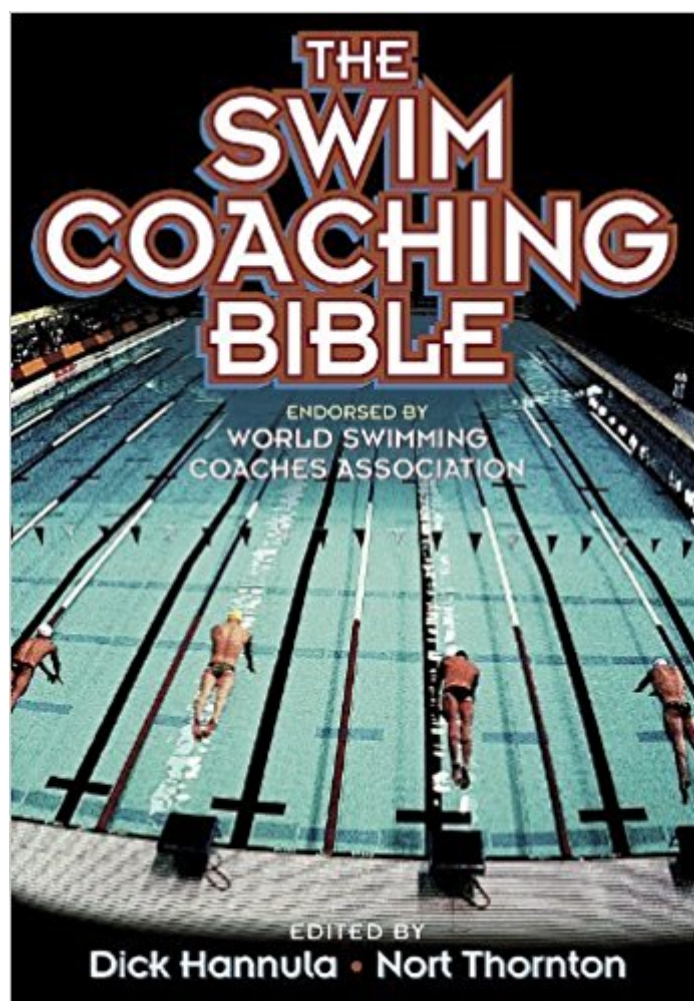


The book was found

The Swim Coaching Bible, Volume I (The Coaching Bible Series)



Synopsis

The Swim Coaching Bible offers you an all-star, international cast of swimming experts sharing their knowledge on producing the most successful individual athletes and teams in the sport. This book is sure to be a classic—one that swimming coaches reach for again and again. Important Notice: The digital edition of this book is missing some of the images found in the physical edition.

Book Information

File Size: 7241 KB

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Customer Reviews

One of the most influential books I ever read on swimming. I've re-read it every couple years for the last 6 or 7 years. Some of the best minds in swimming drop knowledge in each chapter. Strongly recommend for any coach, wherever they are at in their coaching careers.

This book is great for anyone who works with kids in sports or education alike. The ideas are developmentally appropriate and versatile enough for anyone to utilize to create successful programs. A successful program builds successful kids who are confident and prepared to enter the world after sports, and/or to continue on for a lifetime of fitness. I highly recommend this book!

I have enjoyed this book very much....It covers just about everything you would want to know from parents to swimmers to the coaches, it covers a very large range of people and a lot of information that is very useful and easy to apply...I see myself in the future referring back to this book over and over again

Not current enough. Many of the ideas seemed 30 or more years old.

This is a great book to break down everything for a new coach. It's an amazing resource even for veteran coaches.

lots of good insight

Every Swim Coach needs this book. I am a head high school swim coach and I buy this book for all of my assistants. If there is one book to buy for coaching swimming it IS THIS ONE!!!

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